

**DARNALL ARMY COMMUNITY HOSPITAL
NUCLEAR MEDICINE SERVICE
254 288-8290**

NUCLEAR ESOPHOGRAM

The esophogram is a safe, simple way to evaluate the progression and clearance of food or liquid from the esophagus to your stomach. The examination does require you to have nothing by mouth after midnight on the day before the study. On the day of the test, you will be given a liquid meal consisting of water or orange juice followed by a scrambled egg mixed with a small amount of the radioactive element called Technetium. The radioactivity associated with this test is negligible and you will feel no ill effects.

Requirements for the study:

1. Remain NPO (nothing by mouth) after midnight the night before examination.
2. Bring 2 raw chicken eggs – the technologist will prepare for you.
3. Check in with our secretary.
4. The technician will escort you to the examining room where you will be positioned sitting in front of a large camera.
5. Images will be taken as you drink the liquid and eat the solid meal.
6. You must remain seated for approximately 30 minutes until completion of the study.
7. The images will be reviewed by the physician prior to you leaving the clinic.

YOUR APPOINTMENT IS ON _____ AT _____ HOURS

DACH NUCLEAR MEDICINE DEPARTMENT – 254 288-8290/8291

**To avoid unnecessary radioactive material exposure to your child (children), please DO NOT BRING THEM TO THE CLINIC unless they have a scheduled appointment.*